

Nutrition Facts

Serving Size 1 pack (57g)

Servings Per Container 6

Amount Per Serving

Calories 100 Calories from Fat 80

% Daily Value*

Total Fat 9g **14%**

Saturated Fat 2.5g **12%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 300mg **13%**

Potassium 230mg **7%**

Total Carbohydrate 4g **2%**

Dietary Fiber 2g **10%**

Sugars less than 1g

Protein 1g

Vitamin A 2% • Vitamin C 6%

Calcium 4% • Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4